SPICED APPLE WINTER WARMER

INGREDIENTS

- » <u>1ltr Pressed Apple Juice</u>
- » <u>1 Cinnamon Stick</u>
- » 3 Aniseed Stars
- » <u>6 Cloves</u>
- » 1/2 Large Orange Sliced
- » Small piece of Ginger -Peeled

TO SERVE

- » 1 Cinnamon Stick
- » 1 Slice of Orange



METHOD

In a slow cooker or on the hob, simmer the apple juice with all of the ingredients on a very low heat if using the hob and a medium heat if using a slow cooker.

Heat for at least an hour. The longer the ingredients are left to infuse, the better.

Serve hot with a slice of orange and a cinnamon stick.



